



**Columbiana County
Mental Health and Recovery Services Board
FY 2011 Annual Report**

The mission of the MHRS Board is to effectively administer public funds to achieve the highest quality prevention and treatment services, to promote healthy behavior, to support rehabilitation, and to advocate for recovery from mental illnesses and alcohol and other drug addictions.

MHRS Board Accomplishments and Initiatives

- In conjunction with the ADAPT Coalition, secured a grant from the Ohio Department of Alcohol and Drug Addiction Services to reduce harmful use of alcohol among young adults ages 18-25.
- Obtained funding from the Margaret Clark Morgan Foundation to implement Wellness Management and Recovery, group based education on health and wellness for persons recovering with serious mental illness.
- Obtained an Edward Byrne Memorial Justice Assistance Grant to increase substance abuse services at the Columbiana County Jail.
- Planned and hosted training on: Defining Recovery as Unique to Individuals with Mental Illness, Adolescent Co-Occurring Disorders, Clergy Gatekeeper Training, Bridges out of Poverty, and Cultural Competency.
- Provided the "Change Your Mind About Mental Illness" presentation to 670 students in six Columbiana County school districts. This presentation addresses stigma and encourages youth to seek help if they are experiencing emotional problems.
- Supported an employment program for adults with serious mental illnesses that resulted in 243 adults working in competitive settings.
- Paid for inpatient psychiatric care for 38 indigent adults who were without health insurance.
- Reduced operational costs for the 3rd consecutive year.
- Conducted a successful renewal levy campaign in November 2010: 59% of voters said "Yes" to *continue the caring*.

**FY 2011 REPORT OF REVENUE, EXPENSES
AND CLIENTS SERVED**

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|-------------------------------|---------------------|
| <u>REVENUE:</u> | |
| ODMH | \$2,799,118 |
| MH Medicaid | 4,292,412 |
| MH Title XX | 79,357 |
| ODADAS | 871,688 |
| D & A Medicaid | 638,069 |
| Local Levy | 2,227,720 |
| Margaret Clark Morgan Grant | 11,902 |
| FCFC Administration | 9,791 |
| Miscellaneous | 381 |
| <u>TOTAL:</u> | \$10,930,438 |
| <u>EXPENSES:</u> | |
| Community Services | \$9,285,908 |
| Board Operating Expenses | 545,805 |
| <u>TOTAL EXPENSES:</u> | \$ 9,831,713 |
| Over/Under | 1,098,725 |

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| CLIENTS SERVED IN FY 2011 | |
| <u>Counseling Center</u> | |
| Treatment: | |
| Drug and Alcohol | 731 |
| Mental Health | 4,393 |
| Education: | |
| Mental Health | 50 |
| Prevention | 567 |
| <u>Family Recovery Center</u> | |
| Treatment: | |
| Drug and Alcohol | 843 |
| Mental Health | 65 |
| Prevention/Education | 4,360 |
| Steering Clear | 207 |
| <u>Help Hotline</u> | |
| Calls | 9,322 |
| Guardianship | 20 |
| <u>Neil Kennedy Recovery Clinic (Detox)</u> | 69 |
| <u>Shining Reflections</u> | |
| Vocational Prep and Peer Recovery | 66 |

Service Provider Highlights for FY 2011

COUNSELING CENTER

- Secured a competitive grant from the Ohio Department of Mental Health to support outreach services to homeless adults with serious mental illnesses.
- Implemented the "second chance" treatment group for adults who have been unable to remain sober after multiple attempts at treatment.
- Provided mental health services on site in five Columbiana County school districts.

FAMILY RECOVERY CENTER

- Launched "The Edge" - a group treatment program for adolescents who abuse substances.
- Held a mock automobile crash during which 1,200 high school students witnessed the devastating consequences of impaired driving.
- Increased family participation for persons receiving medication-assisted treatment for opiate addiction and for women recovering from addictions.

HELP HOTLINE

- Conducted support groups for "survivors of suicide" - family members whose loved ones completed suicide.
- Provided leadership for the Tri County Suicide Prevention Coalition.

NATIONAL ALLIANCE ON MENTAL ILLNESS

- Held monthly support group meetings for loved ones of individuals living with mental illnesses.
- Conducted two Family to Family classes for caregivers of persons with mental illness.
- Participated in May 2011 NAMI Ohio "Sleep Out," a statewide advocacy event to call attention to housing needs for adults with serious mental illnesses.

NEIL KENNEDY RECOVERY CLINIC

- Provided detoxification services to 66 Columbiana County adults needing medical supervision while withdrawing from drugs.
- Celebrated 65 years of service as the oldest private, not for profit, free standing alcohol and drug treatment facility in the United States.

SHINING REFLECTIONS

- Paid off mortgage early and made improvements to the building to increase energy efficiency.
- Added a literacy teacher to assist all participants in achieving basic literacy.
- Provided leadership in establishing the Ohio Empowerment Coalition, a state-wide advocacy organization for adults with serious mental illnesses.

FAMILY AND CHILDREN FIRST COUNCIL

- Served 99 children through service coordination initiatives designed to streamline services and ensure a coordinated approach to address complicated family and child needs.
- The Help Me Grow Program served 318 children birth to age three, with developmental delays, medical conditions that could impair development, or risk factors shown to impede development.
- Developed a coordinated plan among all major youth and family service organizations to increase family stability and to increase school success.